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Fitness Resources - American Council on Exercise

At the American Council on Exercise, our mission is to get people moving. We believe in the power of movement to bring families, communities and coworkers together. We believe that even a little movement every day can play a big role in turning the tide on physical-inactivity related diseases such as heart disease and diabetes.

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ACE | Certified Personal Trainer | ACE Personal Trainer

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additional help, give our team a call at (888) 825-3636, ext. 782 or email support@ACEfitness.org. You can also Live Chat with one of our experts.

Asset 19 - American Council on Exercise

A bachelor's degree in exercise science or a related field at the time of exam registration. 500 completed hours of work experience designing and implementing exercise programs for apparently healthy or high-risk individuals, as documented by a qualified professional.

Personal Trainer Exam | ACE Fitness Certification Exam ...

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